



Welcome to Yate Ageing Better!

Yate Ageing Better is an initiative set up by Yate Town Council to encourage 50+ to lead an active, healthy and happy lifestyle. Working with local groups, we want to inspire and empower locals to have a voice within the community.

To find out more about the work we undertook to gather community feedback, please view our consultation report.

Our Commitment:

The mission of the Yate Ageing Better project, underpinned by the Town Council, is to enable everyone to live their chosen lives within our community. We believe that every person is unique and valued, with a role on our community. Working with others in our community we want everyone in our community be able to be involved, heard and valued.

We are committed to ensuring older people:

- feel heard and have a say in decision making on things that affect their lives;
- have access to the activities they want, when they want them;
- can access the work and volunteering they want;
- can access outdoor spaces and buildings that meet their needs and aspirations;
- are connected within our community and are respected and included;
- have access to relevant information and feel well connected;
- have access to suitable transport and feel confident going about town;
- have access to the health, social care or wellbeing services they need, but that they are not defined by any needs and are seen as individuals within our community, not as objects of need;
- that our community sees age as a number, not a barrier, so that age does not define our residents.

We support and offer a wide range of activities under the Yate Ageing Better initiative including:

- The Pop Inn Café;
- Armadillo Cinema & Café sessions (AM & PM- subtitled);
- Yate & District Bowls Club;
- St Nix Lunch Club;
- Yate Men's Shed;
- Volunteering with us.

To find out more about these sessions and activities please contact the Town Council on 01454 866506 or via email at info@yatetowncouncil.gov.uk



Our Action Plan:

The Yate Ageing Better projects and committee enable us to continually review and monitor local provisions of older people's activities, to ensure we are supporting local people to age in a way that is empowering, respectful and most importantly meeting needs.

Our Yate Ageing Better, Health and Wellbeing Steering Group meet regularly to discuss the ongoing action plan. We have identified key areas to develop within the town including:

- Dementia Friendly opportunities and training;
- Accessibility at our venues;
- Mental Health and wellbeing;
- Fundraising and grant opportunities;
- Partnership working within the Town;
- Creating and developing new activities;
- Community events and volunteering.

Our Partners:

We partner with the following community organisations:

- Age Uk South Gloucestershire;
- Green Community Transport.

We also engage regularly with community groups such as the 'Over 50's forum', South Glos Disability and Equalities Network, the voluntary sector and local churches.