



Yate Town Council's 'Yate Ageing Better' is progressing a number of projects behind the scenes and through talking to different service providers, we identified it would be useful to create a quick 'go to' guide of services supporting those ageing in Yate.

Please see the list attached in image format, the images can be saved to your devices.

Tag and share with anybody you think might benefit from having this information to hand.

Do you have any additional services you would like us to add? Maybe you work with ageing individuals and groups in Yate?

We would love to hear from you, please contact us via:

email info@yatetowncouncil.gov.uk

telephone 01454 866506

FB/Instagram/Twitter @Yatetowncouncil



Yate Aging Better Directory

Please note that due to Coronavirus some activities and groups will not be running as usual. Please check links to each website below for updated information.

Support Services

Age UK South Gloucestershire	01454 411707
Alzheimer's Society - Bristol and South Gloucestershire	0333 150 3456
Bereavement and Loss - SGC support for carers and anyone in South Gloucestershire who has lost someone close to them.	
Bristol Autism Spectrum Service for Adults (NHS)	01275 796204

Cambrian Green Day Services for Dementia	01454 868007
Carers and Family NHS Support Services	01225 325680
Carers Trust - support for carers	0844 800 4361
CVS- Volunteer Centre Partnership	01454 865205
South Gloucestershire Citizens Advice	03444 111 444
South Gloucestershire Talking Therapies	
Dementia Advisors NHS	0300 125 6789
Developing Health and Independence	012225 478730
First Stop Care Advice -free advice and information for older people	0800377 7070
One You South Gloucestershire is a healthy lifestyle and wellbeing service	01454 865337
WECIL supporting independent living	0117 9617721

Care and Carers

Alive. Lighting up later life	0117 377 4756
Carer support group for people with Dementia and their Carer in Yate	01454 279 955 ext 5060
Carers Support Centre Bristol	0117 965 2200
Carers Support Group, Mental Health Yate	07768 318215
Support for stroke sufferers and carers	01454 862356
Time for Carers: email time4carers@gmail.com	07597 278204

Support Groups

British Lung Foundation Breath Easy Yate Support Group	03000 030 555
Bristol After Stroke Support Group	0117 964 7657
CASAL. Care and Support after Loss, Poole Court, Yate	01454 313060
Good Neighbours Network - volunteers offer to do simple tasks for those in need	01454 862356
Community Conversation Group for Stroke Survivors	0117 414 5130
Reengage (Formally Contact the Elderly)	Free phone 0800 716543 or 01225 873812

Remap (Custom made equipment for disabled people)	01732 760209
Royal British Legion Yate- Sodbury Branch	Helpline 0808 802 8080
Sight Support West of England	0117 322 4885
South Gloucestershire Dementia Action Alliance	01454 868570
South Gloucestershire Aspies, Autistic led group of Autistic Adults	email us hello@southglosaspies.org.uk
Womankind, Bristol - A charity run by woman for woman	0345 458 2914 or 0117 916 6461

Community Groups and Services

Abbotswood Community Drop In Service	07890 569196
Avon Fire and Rescue Home Fire Safety Visits	0117 962 2061
Cranleigh Court Community Hub, Yate	07971 670880
Yate and Chipping Sodbury foodbank	0117 9791399
Green Community Transport	01454 228 706 General Enquiries Booking Line 0845 241 0985

Arts and Crafts

For further groups check individual community centre websites

Palettes of Pleasure, Ridgewood Community Centre	01454 315193
Photographers with Disabilities, Yate	01454 329314
Sew and Sew, Ridgewood Community Centre	01453 314355
Yate and District Arts Society	07941 946412

Coffee and Social

<u>Armadillo Youth Cafe and Venue</u>	01454 869441
<u>Pop Inn Cafe, Yate Shopping Centre</u>	01454 313202
<u>Sporting Memory Social Group for people with dementia</u>	07757 527364
<u>Over 50's Forum</u>	07967102141

Community Centres

A wide range of groups and activities can be found at each centre

<u>Ridgewood Community Centre</u>	01454 868650
<u>Shireway Community Centre</u>	01454 273050
<u>St Nix Family Centre</u>	01454 324712
<u>Yate Heritage Centre</u>	01454 962200

Friends Groups

Friends of Brinsham Park Facebook c/o info@yatetowncouncil.gov.uk	
Friends of Yate Common Facebook mailto:friendsofyatecommon@gmail.com	
Friends of Kingsgate Park Facebook friendskingsgatepark@gmail.com	
Friends of Ridgewood http://www.ridge-wood.org.uk/	

Lunch Clubs

Christ the Rock Lunch Club	01454 326395
<u>Chipping Sodbury Baptist Church Lunch Club</u>	01454 313023
<u>St Mary's Church, Yate Lunch at One</u>	01454 313105
<u>St Nix Lunch Club, Abbotswood</u>	01454 324712

Music and Singing Groups

Singing for the Brain in Yate (Alzheimer's Society)	0117 9610 693
Rock Choir	
U3A Wind Band	01454 773148
Yate and Chipping Sodbury Good Afternoon Choir	01761 472468
Yate Choral Society	01454 314779 or 01454 294466
Yate Community Choir	078910 36145

Social Groups and Clubs

Rodford Ladies, Poole Court, Yate	01454 866506
Tuesday Afternoon Fellowship Yate Methodist Church	07388 083488
Mothers Union St Mary's Church, Yate	01454 313105
Sodbury and Yate Photographic club	
Sodbury and District Floral Society	01454 776361
Sodbury and District Historical Society	01454 601535
Tudor Bridge Club	
U3A Yate and Sodbury	01454 316556 (Yate)
Yate Woman's Institute	
Yate and District Towns Woman's Guild	01454 881532
Yate and District Twinning Association	01454 314776
Yate Men's Shed	07847306735
Yate Oral History	01454 862200

Sport and fitness

Chipping Sodbury Tennis Club	01454 273281
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Friendship and Exercise Classes	01454 865337
Southwold Ramblers	020 3961 3300
Sunnyside Tennis Courts for hire	01454 866506
Yate and District Bowls Club	
Walking Football	0300 333 0300
Walking for Health	01454 864005

Volunteering

Age UK Volunteers	01454 411707
Avon Wildlife Trust	0117 917 7270
Volunteering in South Gloucestershire	01454 868 986
British Red Cross	
Conservation Volunteering at South Gloucestershire Council	Text message 07950 080 111 starting muckin4life
Library Volunteers	01454 868006
NHS North Bristol Volunteering	0117 9505050
RNIB Support an older person with sight loss	0303 123 9999
RSVP West retire into action- help us to help others	0117 922 4392
Pop Inn Cafe Volunteers	01454 869441
Southern Brookes Volunteering in Yate	07890 569196
Wapley Bushes Conservation Group	01454 315851
Yate Heritage Centre Volunteers	01454 862200